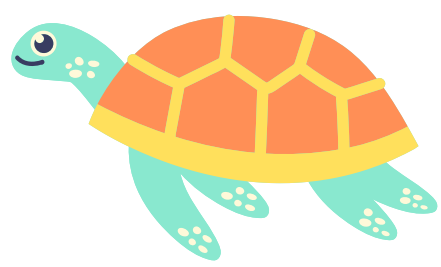


Moving to Nosara Checklist for your Children

Table of **contents**



01

Educational
Options



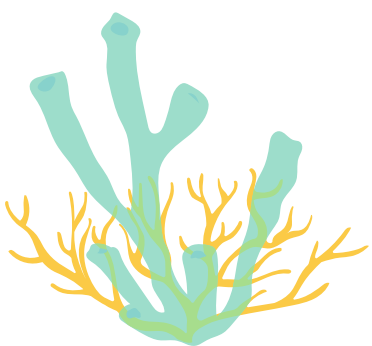
02

Recreational
Activities



03

Sports



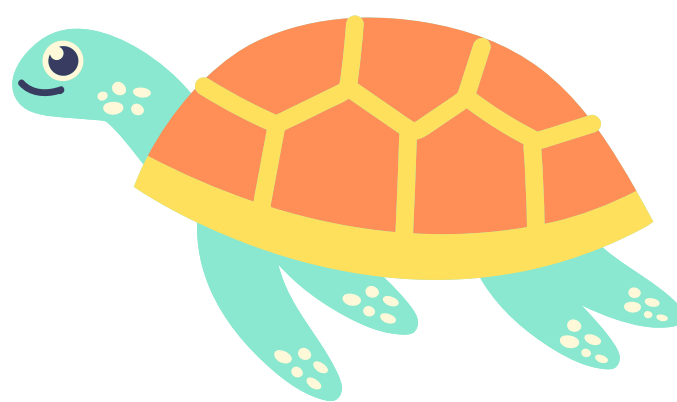
04

Community and
Life Style

INTRODUCTION

In Nosara, over the last few years, the area has strengthened in offering a variety of alternatives for families with children. There are many places dedicated to create recreational, educational, sports and adventure spaces for the resident or visiting population.

There are also other childcare alternatives such as day-care centers, babysitting services, baby equipment rental and other ways to facilitate life with children in a beach location. To help make things easier for you, we have prepared a list of important things for you to consider.



Educational Options

One of the most frequently questions about living in Nosara with children, is about schools and educational options for kids. This is a brief guide of different options for schools in Nosara; location, things to consider, educational approaches etc.



Del Mar Academy

This is a school with a culturally diverse student population, with an educational approach based on **Montessori** methods and philosophy.

Located in L Section, Guiones, it is surrounded by nature and close to Nosara Beaches.

What to consider?

The student population has more than **25 nations** from around the world.

Del Mar Academy (DMA) welcomes all families with children from 3 years through 11th grade. Offering programs for the following educational levels:

- Casa & Lower Primary (3 to 9 years old)
- Upper Primary (4th to 6th grade)
- Lower Secondary (7th to 9th grade)
- Upper Secondary (IBDP) (10th to 12th grade)

General Class Schedule: **M-F 8am-11:30am**

This school has an **admission process** that is easy to follow, **all requirements are attached on the school's website or you can go or call to the institution**. This process is evaluated by a group of people called the Admissions Committee and/or the school principal.

DMA offers an **International Baccalaureate Diploma Program (IBDP)** for eleventh and twelfth grade students.

Involves parents in programs and volunteering as well as the general public who want to participate.

They have different activities to carry out within their programs that promote student participation in environmental education, bilingual education, citizenship, critical thinking, emotional education, and other topics.

They have a foundation, which works in collaboration with Guardians of Nature Project and serves Nosara's community.

Del Mar Academy Tuition

This school offers a variety of prices that depend on the grade of each student, it also varies if they are new students or returning students. Fees are also divided between non-resident students and Costa Rican resident students, however, this is just by a slim difference of money. DMA has a scholarship program for students with particular socio-economic situations.

For more information

Website: <https://delmaracademy.com>

Pin location: https://maps.app.goo.gl/WK3LtWHFqkzrJeTL8?g_st=ic

Admissions Email: admissions@delmaracademy.com

P.O. Box: 130 Nosara Code 5233, Guanacaste, Costa Rica

Phone number: (506) 2682-1213 / 2682-1211



Casa de las Estrellas

A safe and learning space, with an educational approach based on **Waldorf** methods and philosophy.

Located in Garza, Nosara, it is surrounded by nature and close to Garza Beach.

What to consider?

Casa de Las Estrella welcomes all families with children from 3 years through 9th grade. Offering programs for the following educational levels:

- Kindergarten (3 to 6 years old)
- Elementary (7 to 12 years old)
- Middle School (13 to 15 years old)
- Biodynamics (Coming soon)

General Class Schedule: **M-F daytime**

This school has an **admission process** that is easy to follow, **all requirements are attached on the school's website or you can go or call to the institution**. This process is evaluated by a group of people called the Admissions Committee and/or the school principal.

Casa de Las Estrellas has programs inspired by Waldorf methods that promote holistic student participation in all of its programs. It also incorporates art as an essential element for an appropriate and experiential development.

Involves parents and school community in volunteering projects as well as the general public who want to participate.

Casa Las Estrellas also has a foundation which funds are directed to support local children in Nosara. Over 50% of our students receive financial support at the school.

Casa de Las Estrellas Tuition

Casa de las Estrellas has two price lists, one for students who stay for the full year and one for those who only stay for shorter periods. Fees will depend on the grade of each student. This school offers an important scholarship program for students with particular socio-economic situations.

For more information

Website: <https://www.casadelasestrellas.org/home>

Pin location: https://maps.app.goo.gl/7aWNB5eAhiKAih65A?g_st=ic

Email: casadelasestrellascr@gmail.com

Phone number: (506) 2656-8022



Elimar High School

A local initiative proud to represent the Nosara community and its history with an educational approach based on Montessori methods and philosophy.

Located in Nosara downtown, from Nosara's Ebais Clinic, 300 mts East.

What to consider?

Elimar High School welcomes all families with children in:

- Kindergarten (4 to 6 years old)
- Primary school (7 to 12 years old)
- Also offers Guarderia-day care- nursery services for younger children

General Class Schedule: **M-F 8 a.m- 3:05 p.m (school)**

This school is an institution that offers programs with a combination of **50% English and 50% Spanish language instruction.**

This school has an **admission process** that is easy to follow, **all requirements are attached on the school's website or you can go or call to the institution.** This process is evaluated by a group of people called the Admissions Committee and/or the school principal.

Elimar High School promotes an integral education for its students to contribute to the improvement of their quality of life in harmony with their natural and socio-cultural environment.

It involves parents and the teaching community in joint activities, or in initiatives that support the participation not only of the children but also of those closest to them.

Elimar High School Tuition

Elimar has a variety of prices that depend on the grade of each student or if it is a day care service. Fees are also divided between non-resident students and Costa Rican resident students, however, this is just by a slim difference of money.

For more information

Website: <http://elimarhighschoolnosara.com>

Pin location: https://maps.app.goo.gl/S4rJ9hCe5mB65uJcA?g_st=ic

Email: info@elimarhighschoolnosara.com

Phone number: (506) 2682-5330



Recreational Activities

Play and time outdoors are fundamental in the process of growth and development of children and adolescents, because it allows them to adopt healthier lifestyles in the future, and also because it helps in their mental health and cognitive development.

In Nosara you can also find places where children have the opportunity to learn about biodiversity and environmental awareness, as well as being in contact with nature. Our community is located in an area where the importance of environmental care, reforestation and wildlife refuges are a big attraction for many people.

Currently there are different places where you can take the children to participate, learn and experience the natural wealth that inhabits Nosara, as well as other places where they can camp and spend a moment surrounded by pure nature. There you have some examples:

Sibu Wildlife Sanctuary: It is a natural sanctuary open to teaching the biodiversity of the tropical forest and appreciation about the importance of environmental care, it is a sanctuary for several species of animals and plants. Contributing to community, social, cultural and environmental change, it is an ideal space for your children's learning and recreation with a nature approach. For more information.

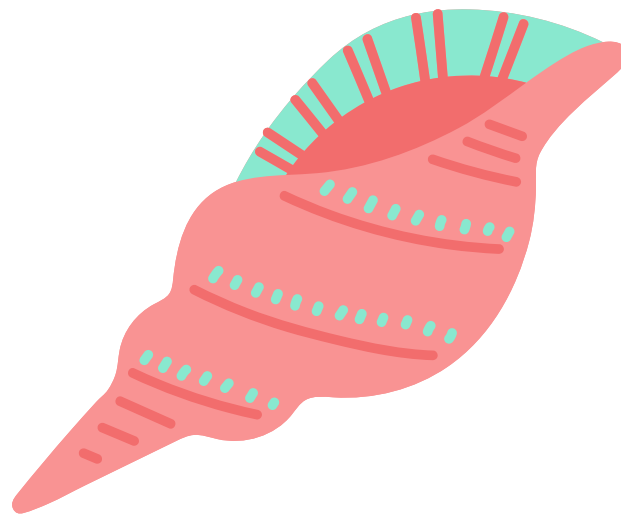
Website: <https://sibusanctuary.org/visit-sibu/>

Email: sibuvisit@gmail.com. Age Requirement: 5 years old +
Open: Tuesday, Thursday and Sunday mornings (Tours must be booked in advance).

Camping: Camps are unique experiences guaranteed, in Nosara there are different options for families and adults. However, in Nosara it is possible to find places that specialize in camps for children, where they can do everything from recreational activities such as snorkelling, to learning art and planting trees. For more information
Nosara Kids Camp. Website: facebook.com/nosarakids/

Adventure: Adventure lies in children's natural curiosity, and play is an organic result of their boundless imagination, creativity and ingenuity. Any kind of adventure inspires children to run, create and explore. If you and your children like to go on adventures, some options here might be:

Hiking or walking trails in the forest, there are many trails in the area that you can hike, places with breathtaking scenery to enjoy and a good exercise for learning about nature. You can find other more extreme adventures but accompanied by professionals, such as canopy, renting a quad bike, horseback riding tours. You can spend as much time as you want on the beach, rent equipment for activities on or out the beach.



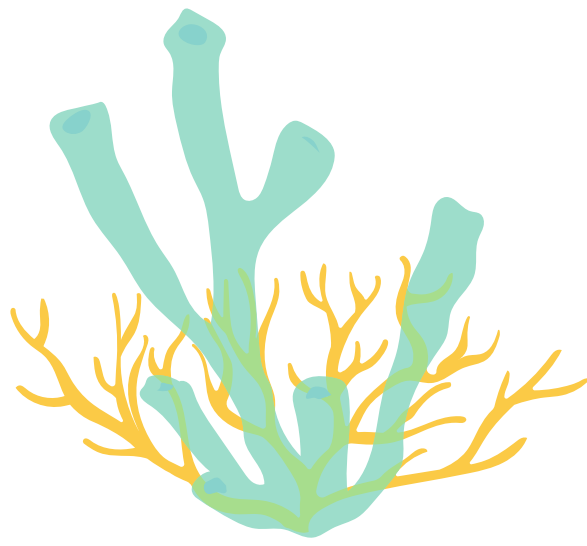
Sports

Learning new sports is also another alternative that many people seek for both children and adults. However, here you can find schools or places where kids can learn or practice activities like:

Surfing, yoga for children, dance classes, jiu-jitsu, wall climbing, tennis, soccer, hiking, cycling, mini golf and others.

The beach is an ideal place to practice a multitude of sports, from the most popular ones such as paddle or frisbee, which we do with family or friends, to team sports such as volleyball, football, handball, rugby, yoga on the beach. In Nosara you will have alternatives to do, that's for sure.

- | | | | |
|-------------------------------------|---------------|-------------------------------------|-----------|
| <input checked="" type="checkbox"/> | Surfing | <input checked="" type="checkbox"/> | Tennis |
| <input checked="" type="checkbox"/> | Yoga | <input checked="" type="checkbox"/> | Soccer |
| <input checked="" type="checkbox"/> | Dance classes | <input checked="" type="checkbox"/> | Hiking |
| <input checked="" type="checkbox"/> | Jiu-jitsu | <input checked="" type="checkbox"/> | Cycling |
| <input checked="" type="checkbox"/> | Wall climbing | <input checked="" type="checkbox"/> | Mini golf |



Community & Life Style in Nosara

Finally, much of the population in Nosara is distributed in different neighbourhoods, rural landscapes are part of the daily life of the people. The rurality allows the atmosphere to be peaceful, you will find magical places to go with the whole family.

The lifestyle is pleasant, peaceful and in most cases safe, living in a less crowded and greener place allows people to connect with the wildlife.

Educational institutions have tried to adapt to offer a quality educational process. Nosara is recognised as a favourite place for many families locally or from abroad.

With ❤️
Nosara Dream Properties
